

POSITION DESCRIPTION

| Position | Primary Mental Health Clinician (Rangatahi) | |
|---------------|--|-------|
| Team | Waiora Hinengaro (Vocations, Mental Health and Addiction Services) | |
| Reporting to: | Kaihautū Waiora Hinengaro | |
| Job purpose | Work with tangata whai ora aged 12-19 who are experiencing mild to moderate mental illness and substance use problems. Provide brief intervention and case and group work and ensure access and matching of services for their needs The role has an early intervention focus. | |
| Accepted by: | Employee Signature: | Date: |

Background

Te Oranganui is an Iwi governed Health and Social Service Organisation. Established in 1993, Te Oranganui has seven service lines and covers the iwi boundaries of Ngāti Apa/Ngā Wairiki, Te Ātihaunui a Pāpārangi and Ngā Rauru Kītahi. The seven services are;

Te Waipuna: Primary Health & Medical Te Taihāhā: Disability Support Service

Waiora Hinengaro: Vocations, Mental Health and Addictions

Toiora Whānau: Whānau and Community

Waiora Whānau: Healthy Families

Whakahaumanu Mana Tāne: Clinical Services Corrections

Te Taituarā: Business Unit

Vision Korowaitia te puna waiora, hei oranga motuhake mō te iwi

Mission statement To empower whānau into their future

Values

TikaExcellence in how we do thingsWhānauAt the centre of everything we doPonoAct with honesty and integrity

Mahitahi Committed to working together for the betterment of our

Whānau,

Hapū, Iwi and communities



KRA 1: Working with rangatahi

Tasks:

- Provide assessments based on the needs of rangatahi including brief assessments, mental health and AoD screening
- Work with rangatahi and whānau to develop, and review plans based on needs and changes
- Work on the implementation of goals in a creative and supportive way using early intervention, resilience and recovery principles
- Use developmental stage and age appropriate interventions including groups
- Provide /refer to counselling and other therapeutic services if an assessment indicates the need
- Use Co Existing Problem knowledge to ensure rangatahi receiving all round care
- Provide support and education to whanau and significant others
- Use whanau ora and tikanga Māori approaches in all work

KRA 2: Collaboration and team work

Tasks:

- Have active and current relationships with organisations that focus on youth, mental health and or addiction service provision including education services
- Participate and /or initiate youth activities that can improve access to the service and/ or knowledge of mental health and wellness
- Work in a collaborative way with internal services and external agencies when "shared care" and other youth services needed
- Liaise and consult with GPs and other health services as necessary to improve health of rangatahi and ensure knowledge of and access to the service
- Work with wider team to ensure all needs are met in relation to mental health and addiction

KRA 3: Client Information Management

Ensure client information and documentation is accurate and timely

Tasks:

- All administration and documentation is completed in accordance with service & organisational guidelines and within specified timeframes;
- Complete all reporting and communication requirements in a timely manner;
- Participate in quality improvement activities as required;
- Electronically record and evidence whānau goals and outcomes for reporting purposes



KRA 4: Supervision

Ensure safe practice to tangata whai ora and their whānau through actively participating in regular supervision

Tasks:

- Actively participate in regular supervision, making a positive contribution to the development of a co-operative relationship with the supervisor
- Ensure that all practice and case management issues are taken to supervision;
- Manage work priorities, personal workload and stress levels with the support of the supervisor
- Comply with the requirements of the supervision contract
- Regularly reflect on own practice and make adjustments as necessary to ensure a quality service to whānau

KRA 5: Knowledge & Relationships

To stay abreast of developments and build strong community links that enhance the service provided to rangatahi and their whānau

Tasks

- Continuously build your knowledge base on the developments of the mental health and addictions sector to ensure whānau are receiving the best possible service
- Work constructively with colleagues within Te Oranganui and across the sector to improve outcomes for whānau participating in mental health and addiction services
- Actively participate in all team and one-on-one hui and workshops
- Develop and maintain key relationships across all sectors to support easier access to services when working with whānau

General Provisions

- Actively participate in Te Oranganui kaupapa activities including attending hui, karakia, whakawhanaungatanga, waiata sessions etc.
- Uphold the principles of Whānau Ora working across teams and functions;
 acknowledging the unique skills and abilities all kaimahi bring
- Ensure you maintain an accurate and up to date understanding of Te Oranganui policies and that you uphold these at all times;
- Ensure the health & safety of yourself as well as others in your working environment, upholding organisational health and safety policies and procedures at all times;
- Proactively promote Te Oranganui in a positive light in all activities
- Actively participate in ongoing professional development and in service training opportunities

The above statements are intended to describe the general nature and level of work being performed by the job holder. This job description is not intended to be an exhaustive list of all responsibilities, duties, or skills required of the job holder. From time to time, the job holder may be required to perform duties outside of their normal responsibilities as needed.



PERSON SPECIFICATION

Experience & Qualifications

- Registration with a professional body covered by the Health Practitioners Competence Assurance Act 2003 Act or Social Workers Registration Act 2019
- Current Annual Practicing Certificate
- Experience in mental health, addictions and/or youth work
- Computer literacy and experience working with/understanding of MS Word, Excel,
 Outlook, relevant tools and social media

Skills and Attributes

- Non-Smoker or full commitment to remain smoke-free during the hours of work (including breaks)
- Excellent facilitation and communication skills
- Understand and be committed to improving health for Māori
- Believe in and can implement a recovery/ wellness approach
- Well organised and can prioritise
- Able to maintain confidentiality
- Is acceptable to whānau, hapu and iwi and Māori community
- Creative and innovative within restricted resources

Physical Attributes – Community based

- A medium degree of physically capacity is required as the work involves standing, walking, sitting, stretching, twisting bending and lifting/moving weights up to and above 15 kilograms frequently.
- Ability to move about and undertake necessary duties (sometimes in restricted spaces) both in an office environment and out in the community
- Visual ability sufficient to drive a motor vehicle, read accurately, write/record in a legible manner
- Hearing and speech sufficient to communicate with clients and co-workers enabling direct and telephone communication

Other requirements of this position

- Current clean, full NZ driver's license
- Must be able to pass Te Oranganui's background check process