



TE ORANGANUI

# Rongo Kōrero

Mō ngā iwi e toru

TE ORANGANUI IWI NEWSLETTER | HAKIHEA 2020

## Mātaiwhetū Kōrero

Raumati is now here and according to the maramataka, this is a time of high activity, of bringing whānau together and celebrating what whānau means to you; to us all.

Christmas and New Year is also a time of celebration, but for many whānau that we work with, it can also be a time of stress and anxiety. This, on top of the ups and downs we have all experienced during the year of 2020 means that we need to keep an extra vigilant eye on each other, support each other and be kind to one another. Try not to be overly influenced by the commercial hype but find moments to celebrate with acts of kindness to yourself and to someone else in your whānau or community. Create whānau time, spend time with those tamariki and/or mokopuna, return to the awa and kōrero to the awa. From the source you will find sustenance.

Te Oranganui Trust wish you all the best over the summer season. We will still have essential services operating over this period and there will always be someone on call if needed. We have a shutdown period from the Thursday 24th December 2020 with all services starting again on Monday 11th January 2021.

All of the teams from Te Oranganui hope that you all enjoy each others company and we look forward to seeing you again in 2021.

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## SUCCESS HIGHLIGHTED AT THIS YEAR'S HUI-Ā-TAU

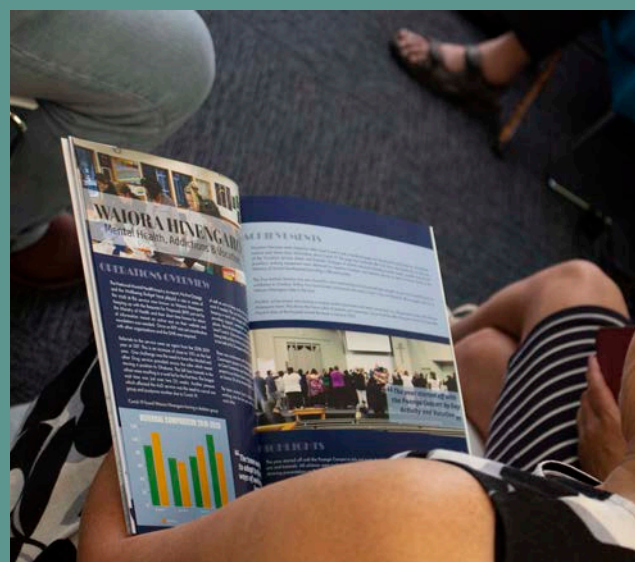
On Friday 20 November, Te Oranganui Trust held the annual Hui-ā-Tau at Te Taurawhiri Building in Whanganui. A large number of Iwi stakeholders, business partners, and our own Kaumātua Kaunihera were present for the presentation of the report and to hear from Te Pouherenga; Te Aroha McDonnell, and our Mātaiwhetū Wheturangi Walsh-Tapiata who were delighted to present the Annual Report for 2020.

Te Aroha acknowledged the mass disruptions that the nation experienced and recognised the work that Te Oranganui did behind the scenes during Covid-19.

Wheturangi took the time to recognise and acknowledge all of our services, highlighting the achievements of each and going into detail about how Te Oranganui contributes to the community, whānau, hapū, and iwi.

Our accountants from WE Accounting also attended the Hui-ā-Tau and gave a robust explanation of the financial report which some found most helpful, particularly those who aren't familiar with reading financial reports.

Each year, Te Oranganui offers 4 internships to uri who whakapapa to Ngā Rauru Kīhahi, Ngā





Wairiki Ngāti Apa, Tama Ūpoko and Tūpoho, and are currently studying in various fields of hauora. This year's recipients were:

- Benjamin Ratana was awarded the Manawanui Pauro Internship and will be based in Te Waipuna
- Jayda Edmonds-Lama was awarded the Ngarini Phillips Internship and will be based in Te Puawai Whānau
- Rayden Huwyler was awarded the Niko Tangaroa Internship and will be based in Waiora Hinengaro.
- Whakaae Baron was awarded the Dennis Wharetini Ratana Internship and will be based with Waiora Whānau.

Between now and early 2020, you may encounter these interns who will be on-site for five (5) weeks gaining first-hand experience of working in the hauora field. If you see any of our interns around, please introduce yourself and make them feel welcome.

This year's Hui-ā-Tau was well attended by many and the comments from attendees were encouraging. As an organisation we strive to achieve our goal of empowering whānau into their future.



## Te Oranganui Christmas Shutdown

Te Oranganui services will close at the end of business on  
**Wednesday 23rd December 2020**  
and will re-open on  
**Monday 11th January 2021 at 8am.**

Te Waipuna Whanganui will remain open during the Christmas period, and Waiora Hinengaro will have limited capacity to meet the needs of tangata whaiora.

All other non-essential services will be closed.





## WAHAKURA WĀNANGA AT TE ORANGANUI

Te Rito o te Whānau wānanga is a collaboration between all of the Māori/Iwi Health Providers where wahakura wānanga will be offered in the Waimarino, Rangitikei and Whanganui rohe

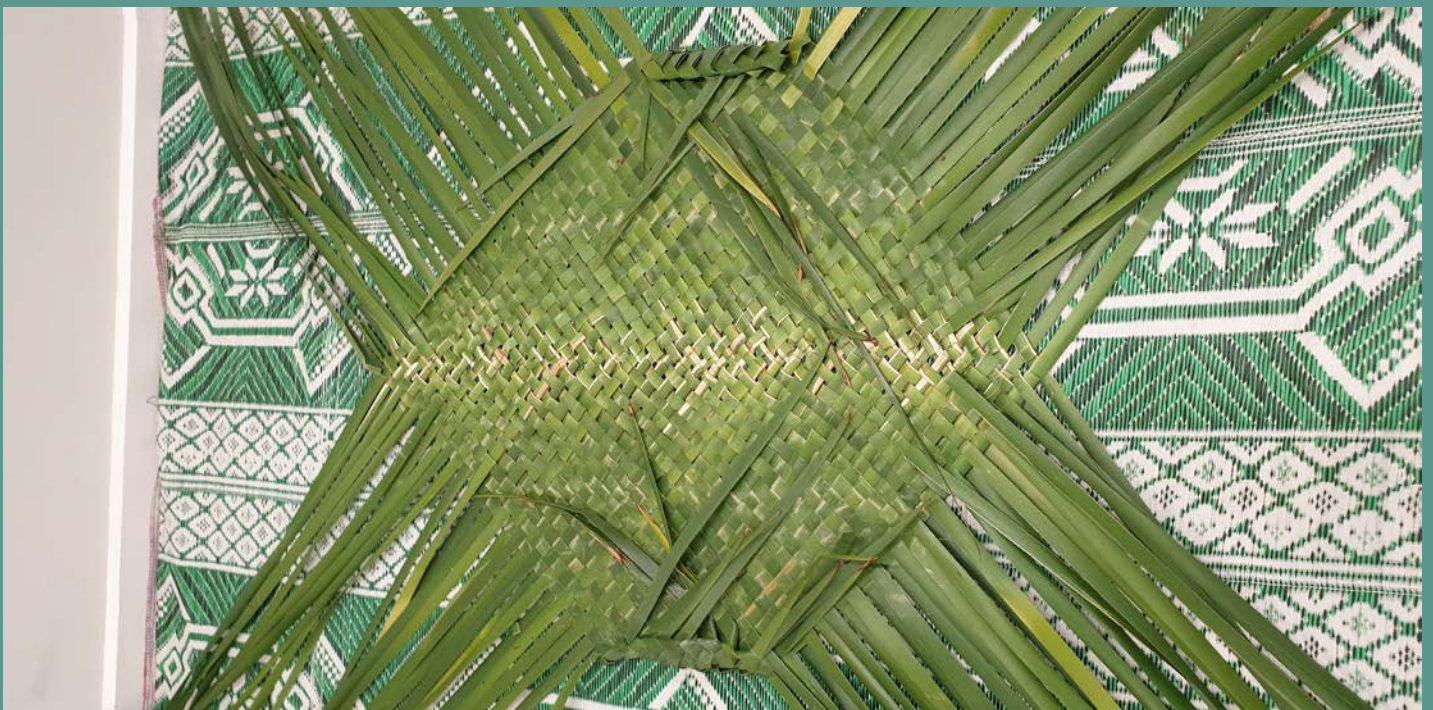
Recently, the Te Puawai Whānau team of Te Oranganui held their first wahakura wānanga. Our wānanga was led by three Whanganui kaiako; Jenny Firmin, Janine Pokiha, and Meriana Firmin and commenced on the Friday. The Te Puawai Whānau team began with karakia, whakapapa, and the process of harvesting and preparing harakeke.

The Saturday saw the inclusion of nine hapū māmā who participated in wahakura making. Their day began with karakia and whakawhanaunga before the beginning of rāranga wahakura. The Puawai Whānau team role was to provide support and assistance to the first-time weavers who each appeared to have a natural flair for Rāranga.

The kaiako shared korero that helped to link everyone back to the whakapapa of Iwi and also provided a space for education about safe sleeping.

This kaupapa was a first for Te Oranganui and also a great success. The spaces for this wānanga filled quickly with lots of interest from the public. Te Oranganui intend on looking at ways in which wānanga like this can continue to be run.









## MAHI TOI WĀNANGA BRINGS OUT THE RESILIENCE OF TANGATA WHAIORA

Each year, the Waiora Hinengaro team at Te Oranganui takes the time to celebrate Mental Health Awareness week. This year, the Waiora Whānau Team dedicated 3 days to a Mahi Toi Wānanga. The wānanga was aimed more towards tangata whaiora who had lived experiences of Alcohol and Drug Use and offered a space where they could express their level of resilience learned from Covid-19 through various mediums of art.

Commencing on Wednesday 23rd September at Te Aroha Pā in Kai Iwi, tangata whaiora came to wānanga. On Thursday and Friday, the wānanga continued at Te Poho o Tuariki in Marton. It was here that Tangata Whaiora began to mahi. With various workshops set up, tangata whaiora were given the opportunity

to decide between painting, tie-dye shirts, mahi rāranga, and engaging in making and learning to play taonga pūoro.

From 16-20 October, the art pieces created by tangata whaiora at the Mahi Toi Wānanga were put on display for whānau and the community to see. The mahi toi created by tangata whaiora was incredible, beautiful, and of exquisite quality. For many of our tangata whaiora, this was the first time engaging in mahi toi, however it will not be the last as many found a new passion that would help to heal. Waiora Hinengaro and Te Oranganui would like to thank all of our tangata whaiora who participated in this year's Mahi Toi Wānanga and for allowing us to display the beautiful mahi created by all.











## WHĀNAU ORA REMAINS AT THE CENTRE OF TE ORANGANUI

The Whānau Ora approach is at the centre of everything we do here at Te Oranganui and in order to ensure we are delivering consistency across the board as an organisation, reviews are conducted and our kaimahi are offered the opportunity to reset the values that are most important to us.

The last 3 months have seen our kaimahi undertaking Te Oranganui Whānau Ora Induction Training. This training programme has been delivered at Parikino Marae and is conducted as a 3-day marae-based wānanga. The wānanga focuses on the history of Te Oranganui, Te Tiriti o Waitangi from a Whanganui perspective, and Ngā kaupapa Ake o Te Oranganui, all of which feeds into the Whānau Ora practice that all kaimahi deliver each day.

The wānanga offer both classroom-based learning, ngā mahi ā marae, and more hands-on activities such as rāranga, glow worming, and eeling.

The wānanga are run in small roopu which makes for a more intimate experience and helps to ensure all voices are heard and opinions considered, all of which are an important part of the wānanga process.

The final day of each wānanga sees everyone on Te Awa Tupua. Led by Ned Tapa who facilitates these wānanga, the journey on the awa paves a way for kaimahi to not only experience being out on the awa but to also be offered a visual perspective to the historical kōrero of the rohe.

To date, four (4) wānanga have been conducted with more to come in 2021. We look forward to all kaimahi having completed these wānanga as this will help steer the organisation forward towards more success for our whānau, hapū, iwi, and community.









# NEW TE ORANGANUI PROGRAMMES AVAILABLE IN 2021

Providing support to whānau through a range of services and programmes is the basis of what Te Oranganui continues to do and is the foundation of why the organisation was established. Whilst we continue to offer whānau focused services, we are also constantly looking for other services that our region doesn't offer that could benefit our whānau.

In 2021, Te Oranganui will begin to offer **He Puna Ora**; a programme for hapū māmā and/or whānau with pepi/tamariki who have issues with alcohol and other drug use, and whom health and social support services are only able to support in a limited manner. The Whanganui part of this service will be based at 284 St Hill Street with other kaimahi being based in Waimarino and Rangitikei.

**Te Toronga Whānau** is an initiative that will scale up existing Alcohol and Other Drug services provided by Waioara Hinengaro in an attempt to curb the growing impact of methamphetamine in the Whanganui region.

The service will attempt to target tangata whāiora and their whānau as well as provide a localised solution targeting and supporting those affected by drug and alcohol dependency, specifically addressing the wider impacts on whānau and communities.

**Korowaitia Te Puna o Te Moko.** This programme, due primarily to Covid-19 spent much of the year developing Te Reo Resources around Oral Health for Kohanga Reo. In 2021, they will be coming out and working with Kōhanga Reo and whānau to look at their wellbeing by using Mātauranga Māori, Te Reo Māori and Health Approaches.

To access these new services or any Te Oranganui services, contact the team on 06 349 0007.



Te Oranganui would like to wish  
everyone a Merry Christmas and  
a happy & safe holiday